

## **CONCUSSION FAST FACTS FROM THE CDC**

- A concussion is a brain injury and all are serious.
- Most concussions occur without loss of consciousness.
- Athletes who have ever had a concussion are at increased risk for another concussion.
- Children and teens are more likely to get a concussion and take longer to recover than adults.
- Each year, U.S. emergency departments treat an estimated 135,000 sports- and recreation-related TBIs, including concussions, among children ages 5 to 18.
- Recognition and proper response to concussions when they first occur can help prevent further injury or even death.

For more from the CDC on sports related concussion, click here

<http://www.cdc.gov/concussion/index.html>